

For more than 40 years, our experienced, licensed counselors have provided quality and affordable mental health care through **individual, couple, and family counseling**.

We are here to help with relationship problems, family issues, anxiety, stress, grief, trauma, addiction, and other life concerns.

## THERAPIST TREATMENT GRID

| SPECIALTIES                         | Tony Garascia<br><i>Clinical Director</i> | Kaitlyn Herrmann<br><i>Staff Therapist</i> | Jessica Peachey<br><i>Staff Therapist</i> | Auna Preston<br><i>Psychologist</i> | Karen Zeck<br><i>Staff Therapist</i> |
|-------------------------------------|---|--|---|-------------------------------------|--------------------------------------|
| Adolescent Problems                 | •   | •  | •   |                                     | •                                    |
| Adoption                            |   |  | •   | •                                   |                                      |
| Alcohol/Chemical Dependency         | •   |  |   |                                     |                                      |
| Anger Management                    | •   | •  | •   | •                                   | •                                    |
| Anxiety                             | •   | •  | •   | •                                   | •                                    |
| Attention Deficit Disorder          | •   | •  | •   | •                                   |                                      |
| Autism Spectrum Disorder            |   |  | •   | •                                   |                                      |
| Bi-Polar Disorder                   | •   | •  | •   | •                                   |                                      |
| Childhood Problems                  | •   |  | •   |                                     | •                                    |
| Christian Counseling                | •   | •  | •   | •                                   | •                                    |
| Chronic Pain Disorder               |   |  |   | •                                   |                                      |
| Co-Occuring Disorders               | •   | •  | •   | •                                   |                                      |
| Death and Dying/ Terminal Illness   | •   | •  | •   | •                                   | •                                    |
| Depression                          | •   | •  | •   | •                                   | •                                    |
| Dissociative Identity Disorder      | •   |  |   |                                     |                                      |
| Eating Disorders                    |   |  | •   | •                                   |                                      |
| Faith Integrated Therapy            | •   | •  | •   | •                                   | •                                    |
| Gambling                            | •   |  |   | •                                   |                                      |
| Grief and Loss                      | •   | •  | •   | •                                   | •                                    |
| LGBTQ Issues                        | •   | •  |   | •                                   |                                      |
| Marital Issues/Divorce              | •   | •  | •   | •                                   | •                                    |
| Men's Issues                        | •   |  | •   | •                                   |                                      |
| Mood Disorders                      | •   | •  | •   | •                                   | •                                    |
| Obsessive Compulsive Disorder       | •   | •  | •   | •                                   | •                                    |
| Panic/Phobias                       | •   | •  | •   | •                                   | •                                    |
| Pastoral Counseling                 | •   |  |   | •                                   | •                                    |
| Physical Abuse Victims              | •   | •  | •   |                                     | •                                    |
| Pornography/Non-chemical Addictions | •   |  | •   | •                                   | •                                    |
| Postpartum Depression               | •   | •  | •   | •                                   |                                      |
| Post Traumatic Stress Disorder      | •^  | •  | •   | •                                   | •^                                   |
| Sex Abuse Victims                   | •   | •  | •   | •                                   | •                                    |
| Stress Management                   | •   | •  | •   | •                                   | •                                    |
| Women's Issues                      |   | •  | •   | •                                   | •                                    |

<sup>^</sup>EMDR Basic Training Certification

| CLIENT AGE              | Tony Garascia<br><i>Clinical Director</i> | Kaitlyn Herrmann<br><i>Staff Therapist</i> | Jessica Peachey<br><i>Staff Therapist</i> | Auna Preston<br><i>Psychologist</i> | Karen Zeck<br><i>Staff Therapist</i> |
|-------------------------|---|--|---|-------------------------------------|--------------------------------------|
| Adult: 18+ Years        | •   | •  | •   | •                                   | •                                    |
| Adolescent: 13-17 Years |   | •  | •   | •                                   | •                                    |
| Child: 6-12 Years       |   | •  | •   |                                     |                                      |

Samaritan Counseling Center accepts most insurance plans, Employee Assistance Programs (EAPs), Medicare, self-pay, and more.

**Interested in making an appointment?**  
Call (574) 277-0274 during normal business Monday - Friday hours to talk to a client specialist